

Wales Lacrosse - COVID 19 Confirmed Case Procedures

If a Wales Lacrosse member tests positive, they must immediately:

- inform the team manager and/or coach;
- provide details of when they first started having symptoms and the date of the positive test; and
- indicate if they would like to remain anonymous

The only information that will be released is the date symptoms started and date of the positive test.

If the person has been in contact with the squad within the 48 hours prior to the symptoms arising, the manager and / or coach will send the following message out to the squad:

We are writing to let you know that there has been a confirmed case of COVID-19 within the squad. Wales Lacrosse has determined that you have been in close contact with the affected team member. In line with the national guidance, we recommend that you now stay at home and self-isolate until [ENTER DATE] (14 days after your last contact).

What is meant by a “contact”?

“Contact” is where a person who has been close to someone who has tested positive for COVID-19 anytime from 2 days before the person was symptomatic up to 10 days from onset of symptoms (this is when they are infectious to others).

For example, a contact may be:

- spending significant time in the same household as a person who has tested positive
- face-to-face contact (within 1m) with someone who has tested positive (**any game play or training**)
- being coughed on
- having a face-to-face conversation within 1m
- having skin-to-skin physical contact, or
- contact within 1m for one minute or longer without face-to-face contact
- a person who has been within 2m of someone who has tested positive for more than 15 minutes
- a person who has travelled in a vehicle with someone who has tested positive

If you develop symptoms, you may seek advice from NHS 111

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning

Further information:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>